

Our Lady of Mt Carmel Primary NEWSLETTER



7 October 2015

Term 4

Week 1

School Contact Details

School Principal: Mr Steven Jones
9631 8442
OLMCWenty@parra.catholic.edu.au
www.olmcwentworthville.catholic.edu.au

Parish Contact Details

Parish Priest: Fr Paul Cahill OCarm
9631 8302
ocarms@tpg.com.au

Dear Parents/Carers

Welcome back to Term 4. I hope that families had a chance to renew and recharge with the beautiful spring weather, especially during the second week and took the opportunity to reconnect with one another. Thank you for ensuring that the children returned to school dressed neatly and tidily in their summer uniform. The children certainly do look ready for learning.

UPCOMING DATES

TERM 4

Term 4 Week 2

Monday 12/10

Mission Week

9:00am Assembly 6B

Tuesday 13/10

1:40pm Disco (Years 2, 3,4)

7-8:30pm P&F Executive Mtg

Wednesday 14/10

1:40pm Disco (Kindergarten & Year 5)

Thursday 15/10

1:40pm Disco (Year 1 & Year 6)

Friday 16/10

10:30am Diocesan Catholic Mission Mass @ St Patrick's Cathedral-Student Leaders

1:30pm Rice Day Lunch for Years 5 & 6

NOTES SENT HOME TODAY

- Grade Overviews for all Years
- Wentworthville Community Garden flyer

Term 4 is always a busy term that before we know it, it flies past. We have numerous school events throughout the term: Mission Week, Grandparents Day Mass and morning tea, Parents and Friends AGM meeting, Semester 2 school reports, swimming lessons and swimming carnival, Christmas concert, end of year Mass, welcoming next year's Kindergarten families and farewelling and congratulating our Year 6 students to look forward to throughout the term. Each of these events is significant in the life of many within our school community. Of course, on top of this families have many end of year commitments and events to attend. I look forward to celebrating the above opportunities with you.

During this time of the year, as parents we need to ensure that we are feeling calm and relaxed within ourselves, we will have to take time to notice other people, we need to not be "on edge" all the time, and not allow ourselves to be so busy and caught up within the busyness that we don't appreciate the now and those we share it with. We need to ensure that we have time to share with our children and our children will truly feel that they are loved and appreciated. What's more, because we have made ourselves available to our children, we might even find it to be a relaxing and stress reducing experience.

God our Father

May Your Spirit that dwells with me,

Prompt me to cultivate my senses

So that I become fully alive,

My body and soul being as one.



All the best for the week ahead as we begin the final stage of 2015 and all that it brings.

Mr Steven Jones
Principal

The Community of OLMC is Safe and Respectful

SPOTLIGHT ON RE

Many things are happening at the moment both on a local and global level.

The next two weeks there is a meeting of Bishops in Rome(Synod),on the importance of the family in the Church and to discuss the demands on the family today and how the Church can help. No decisions can be made at a Synod, but suggestions are presented to the Pope who will release a statement of findings after the Synod.

On October 18, the Pope will canonise the parents of St Therese of Lisieux, she is a Carmelite saint so has links to our parish and there is an image of her in our Church. Her parents Blessed Louis and Zelig will be the first married couple to be canonised together. This is a reflection of the importance the Church places on married life and family.



October is also the month of the Rosary, where we especially remember how lucky we are to have this prayer as a form of Marian devotion. Classes may choose to say part of the Rosary during the day and it is an ideal time to introduce family prayer at home by saying a decade of the

rosary each night as a family. All children have their own set of Rosary beads to help them focus on this prayer.

PUNCTUALITY

Please ensure that your child(ren) arrive at school by 8:55am every morning. The school day starts at 9am. Towards the end of last term there were too many children arriving late each day. Not only does this interrupt their learning but also the learning of their classmates. All parents are requested to support the punctuality of their child(ren).

ARE YOU MOVING?

If your child/children will not be returning to Our Lady of Mount Carmel in 2016, would you kindly inform the office as soon as possible to assist us with planning for next year.

Thank you.

HSC STUDENTS

Our prayers and thoughts are with all Year 12 students who commence the Higher Schools Certificate next Monday.

2015 MINISTER'S AWARD FOR EXCELLENCE IN STUDENT ACHIEVEMENT

Congratulations Stephen on receiving a Highly Commended Award as part of the 2015 Minister's Awards for Excellence in Student Achievement–Community Languages Schools. This is a remarkable achievement and reflects Stephen's commitment to the study of Tamil. Stephen won his award during the recent school holidays.



PRINCIPAL'S HOLIDAY CHALLENGE

Just a reminder that this term's holiday challenge was to get your chef hat on, get into the kitchen and cook up your favourite recipe. Download one of the two templates available on the school website to complete your entry.



Don't forget to send in your reading sheet as well.

A list of the recipes that have been sent in to date for the challenge are available on the school website. Thank you to all who have submitted to date. All entries are to be in by this Friday.

MISSION WEEK

Next week will be Mission Week, where our school will be fundraising to help out the communities of Zumalai and Raimea in East Timor. We will be having discos and a guessing competition as well as a rice day for Stage 3. To participate in these activities, each child will need a gold coin to donate. The Year 6 will also be preparing a 20 minute presentation about Mission Week and East Timor to every grade.

By Tanya & Marinelle (School Leaders)

DISCO DATES & TIMES

Next week we will be holding a disco at lunchtime on three consecutive days:

Tuesday 13/10 for Years 2, 3 & 4,
Wednesday 14/10 for Years Kindergarten & Year 5 and
Thursday 15/10 for Year 1 & Year 6 at 1:40pm.

This is to raise funds for Mission week to support school children in East Timor which is under the care of the Carmelites.

OLMC NETBALL CLUB

A reminder to all families that our OLMC Netball Presentation Lunch will be held on Sunday 18 October at 11:00am at the Parish Hall. The Presentation of trophies will be at 11:30am followed by lunch and entertainment. Adults \$15, children \$8, players & volunteers free of charge.

If you have not yet received an email containing further details and for any enquiries please phone Paula Epenian 0406 515 782 or Alycia Koulouris 0414 513 448.



For catering purposes we ask that you please reply with your payments no later than next Tuesday 13 October 2015.

POST SEPARATION RECOVERY PROGRAM

CCSS Solo Parent Services is offering its seven week Post Separation Recovery Program. This has proven to be an excellent Program that guides and supports those whose marriage or long-term partnership has ended.

Commencing: 21 October for 7 Wednesday evenings from 7.30pm – 9.45pm.

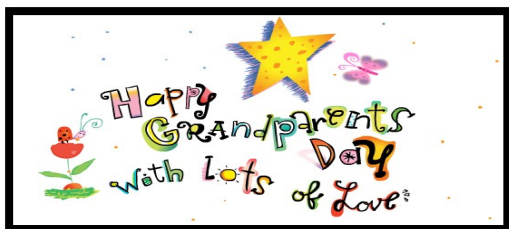
Venue: Diocesan Assembly Centre, 1-5 Marion St Blacktown.

Cost: \$80.00 **Registration Essential:** Eileen or Rita on 99330205 or soloparentservices@ccss.org.au

PARENTS & FRIENDS

Grandparents Day

We are celebrating the special gift of grandparents as a school community on Friday 23 October. We will have morning tea and share a story with our grandparents. Please let your Nan, Pop, Grandma, Opa, Nonna, Teta, Jeddo and significant elder family members know so that they can keep this day free and join us.



Earn and Learn!

Thank you to everyone once again for your generous support of the Woolworths Earn and Learn promotion. Together as a school and parish community we gained 50960 stickers, which is amazing.

We look forward to turning these stickers into valuable resources for our classrooms, and we will let you know when this happens. Thanks for collecting your stickers and bringing them into the school office and thank you to everyone who helped in the mad dash to place all the stickers onto complete sticker sheets.

PARENTS & FRIENDS

Welcome back to term 4! Doesn't it feel like the year has just flown past?

We are now looking to a number of weeks until we welcome our new Kindergarten students and farewell our Year Six class. Not to mention Christmas celebrations and all of the work and preparation that goes along with that!

We hope you had some quiet time with your family over the term break. We also hope you have been able to relax and prepare yourself for the busy few weeks ahead.

Using the words of our school motto, we place this term under the protection of Our Lady, and as always, ask that she guides us through the excitement and stresses of this term.

Sub Tuum Praesidium

*We fly to thy protection, O holy Mother of God.
Despise not our petitions in times of trouble,
but deliver us always from all dangers
O glorious and blessed Virgin
Amen*

Sunny Days Ahead

As the weather becomes warmer it's important to remind our children to put on sunscreen in the morning, to protect themselves from the sun's rays.

Interesting fact: Temperatures on our planet are not determined by the distance of the earth from the sun. Rather it is the angle of the sun's rays striking the earth. In summer, the sun is high in the sky and the rays hit the earth at a steep angle. In winter, the sun is low in the sky and the rays strike the earth at a shallow angle. The seasons don't begin on one day and finish on another. That's because our orbit around the sun is continuous. It actually takes quite some time for the earth to heat up or cool down, and that's why the seasons change gradually.

An Afternoon With Dr Michael Carr-Gregg

PRC is proud to have been able to secure Dr Michael Carr-Gregg for the benefit of our Diocesan parents and educators in 2015!

Dr Michael Carr-Gregg is one of Australia's Highest Profile psychologists who specialises in the area of parenting adolescents and adolescent mental health.

Dr Michael Carr-Gregg will be doing his presentation on his latest book: Strictly Parenting - Everything you should know about raising a school-aged child.

When: 17th Oct 2015 at 2:00pm

Where: St Andrew's Parish Hall, Breakfast Road, Marayong

Book PRC President to book this free event.

Email: prcparraevents@hotmail.com

FIRST HOLY COMMUNION

During the last two weekends of Term Three some children in our school received their First Holy Communion in our parish Church.

This continues their journey of initiation into our Catholic faith, as they received the body and blood of Christ for the first time.

The children were well prepared for the reception of the Sacrament with the help of their parents and parish staff.

It was a very proud moment for the children and their extended families. As a Catholic faith community we congratulate and support these children on their continued faith journey.

