

# Our Lady of Mt Carmel Primary NEWSLETTER



22 February 2017

Term 1

Week 5

## School Contact Details

School Principal: Mr Steven Jones  
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[olmcwentworthville.catholic.edu.au](http://olmcwentworthville.catholic.edu.au)

## Parish Contact Details

Parish Priest: Fr Denis Andrew  
OCarm  
9631 8302  
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[olmcwenty.org.au](http://olmcwenty.org.au)

## Catholic Out of School Hours Care (COSH)

Teresa Atieh  
0409 631 929  
[coshcolmcwentworthville@parra.catholic.edu.au](mailto:coshcolmcwentworthville@parra.catholic.edu.au)  
Website: [coshc.catholic.edu.au](http://coshc.catholic.edu.au)

## UPCOMING DATES TERM 1

### Week 5

#### **Wednesday 22/2**

- OLMC Fete Meeting at 7:00pm in the Parish narthex

### Week 6

#### **Monday 27/2**

- PRC Seminar on Raising Responsible Digital Citizens

#### **Wednesday 1/3**

- Ash Wednesday Mass at 10:30am
- AFL Clinics 9-3pm

#### **Thursday 2/3**

- Pre-ordered ride wristbands sent home

#### **Friday 3/3**

- Staff Development Day –  
**No School for Students**

## NOTES SENT HOME TODAY

- Yr 3 to Yr 6 Music for Sport Excursion

## NOTES SENT HOME LAST WEEK

- P&F Welcome BBQ
- P&FClean Up Australai
- School Fees Explanation

Dear Parents,

During the holidays I read an article by Michael Grose, the author of numerous parenting books titled "12 Ways to Parent Differently in 2017". As we commence our 2017 school year and establish routines, we all as parents have an opportunity to wipe the slate clean and start again. Below is the list and a couple of thoughts that Michael Grose suggested or challenged us to parenting differently in 2017.

### **1. Let the children out of your sight**

- Constant monitoring coincides with unprecedented high levels of anxiety, give children space to play on their own without knowing their every move (even just in the backyard or another room)

### **2. Expect them to earn the right**

- Children need to earn the rights we previously took for granted through hard work, responsible behaviour and being cooperative, even sometimes waiting

### **3. Be less worried about what others think of you**

- Often in the quest to be perceived as calm, coping and cool we run the risk of being doormats to our children

### **4. Praise effort over results**

- Children learn that success is more due to effort and strategy than ability alone.

### **5. Defer more to your partner (if applicable)**

- Consistency of two partners (or school and home) working off the same song sheet.

### **6. Set the rules first**

- Put rules in place when they get or do anything new and be ready to remove if they do the wrong thing.

### **7. Ditch the digital (when you are with children)**

- If you want children to reduce, or at least balance their screen time, consider swapping "do as I say" with "do as I do"

### **8. Give children new challenges**

- Do more for your children by doing less and start posing their requests as problems for them to solve.

### **9. When children can, let them**

- Identify the key responsibilities that you can hand over to your child

### **10. Praise your children for managing adversity**

- Look for opportunities to notice when children cope with adversity and praise as this contributes to their resilience

### **11. Create a fight list**

- Devise a what's worth fighting over and not worth fighting over

### **12. Teach them that you know**

- By doing this you are developing independence and building a stronger Relationship

*(Michael Grose 5 January 2017)*

Finally it's our habits, not our one-off ideas and strategies, where our real effectiveness as parents lie. Even just focussing on three of the above would make a difference.

Steven Jones  
Principal

***The Community of OLMC is Safe and Respectful***

## Spotlight on RE

All classes are preparing for the Church's new liturgical season of Lent. This season begins next week with Ash Wednesday and continues until Holy Thursday. The word Lent comes from Old English and means "spring". It is a time for us to prepare and get ready for the major feast of Easter. We do this in three ways by fasting, abstaining from meat on Ash Wednesday and Good Friday and giving alms to those less fortunate than ourselves.

**ASH WEDNESDAY MASS** will be at 10.30 am in our Parish Church all parents are invited to join us.

## Parish News

### CHILDREN'S SACRAMENTAL PROGRAMME

**CONFIRMATION:** What is a sponsor? The children who will be enrolled in this year's Confirmation process will need a very special person to help them. This person is a sponsor. The minimum requirement for a sponsor is that they be an adult who has been baptised in the catholic church. Ideally, though, a sponsor is someone who is willing to spend at least a year in the faith formation of the child. They don't have to know all about their faith - none of us do - but at least be interested in talking about their faith, listening to each other, praying together, and even attending Mass together. While parents cannot be their child's sponsor, a baptismal godparent makes an excellent sponsor. For further information about sponsors or any of the children's sacramental processes, please contact Paola on 0414 947 799, or visit our website [www.olmcwenty.org.au](http://www.olmcwenty.org.au) Paola Yevenes

## Before School Supervision

**Before school supervision** commences at **8:30am**. No child is to be at school before this time. When children arrive at school they are to walk immediately inside either gate entrance and proceed immediately to the front playground. Children must not be left unattended in the Narthex of the church for their own safety and the safety of others. Students who arrive just prior to 8:30am must sit on the silver seats outside the school office until the supervising teacher arrives.

If you need to drop your child at school prior to 8:30am, please ring Catholic Out of School Hours Care (COSH) 0409 631 929 to arrange before school care. There are currently vacancies available.

## Copies of School or Naplan Reports

Any requests for copies of misplaced School or Naplan Reports should be referred to the School Office. Each copy made will cost \$5.00 and is payable at the time of request. Please give one week's notice for all requests.

## Contact Details

All future newsletters will be sent via email and Skoolbag only. Please ensure the school has an up to date email for both Parents. Should you not receive this email, please email the school, as we do not have your current email address.

## Merit Certificates

Name	Class
Grace Kenneth	KB
Gabrielle Rohan	KG
Hannah Leon	1B
Ashleya Alexander	1G
Chiara Maroun	2B
Irene Aryan	2G
Michaela George	3B
Celeste David	3G
Ann Malith	4B
Victoria Cadell	4G
Rebecca Shuvani	5B
Faith Chanel	5G
Tim Shane	6B
Kathiravan Tiana	6G

## Year 6 camp 2017

### "Go beyond your boundaries"

Camp was an extremely fun and wonderful experience. Camp really taught us to go beyond our boundaries especially during the camp activities.

During our team building activities we learned how to trust one another, using teamwork and getting to know each other. Some of the activities were laser tag, flying fox, giant swing, blind maze, rock climbing, archery and many other exciting activities. We also went to the beach and played different sports.

On our second night we went on an evening hike where we walked on sticky sand and almost got thrashed by the waves. Then we arrived at the top of the hill and experienced a glorious view out to Manly and Palm Beach.

Camp was also an experience to get to know the different sides of people especially our teachers Mr Jones (Yr6), Mrs Pearn, Miss Thomas, Miss Pirovic, Mr Jones and Fr Martinho (who we didn't know could be so sporty and competitive).

Camp was also a chance to bring snacks and lollies to bribe our teachers so we could stay up late at night in our cabins doing what ever we wanted; **not really**, we were so exhausted from all our activities we slept like babies.

In the end it was time to go and leave this terrific place full of memories and experiences behind.

On behalf of year 6 we would like to thank all of the teachers and camp staff members

By: Rachele, Montana, Jordan and Elyce



## Sports Uniforms

Students are to wear their sports uniform on the following days unless otherwise communicated.

Kindergarten	Wednesday, Friday
Year One	Tuesday (1 Blue) Wednesday (1Gold), Friday
Year Two	Wednesday, Thursday
Year Three	Tuesday, Friday
Year Four	Tuesday, Thursday
Year Five	Tuesday, Thursday
Year Six	Tuesday, Thursday (6Gold) Friday (6Blue)

## School Uniforms

The school uniform order form can be found on the school website. Appointments for uniform fittings can be made on Monday and Thursday mornings by making a booking on [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) using the code **tzeq6**

## Pre-Loved Toys

If you happen to need a good home for your pre-loved Lego and Beyblades, we would love to help you out. We are hoping to use these toys at lunchtime to involve our children in some structured activities. Please contact the office if you can help us.



## 2017 High School Open Days



**St Pauls**  
CATHOLIC COLLEGE  
*You're welcome here*  
**College Open Day**  
Sunday 12th March 2017  
11.30am to 2.00pm  
[www.stpaulsgreystanes.catholic.edu.au](http://www.stpaulsgreystanes.catholic.edu.au)

Photo: 02 9868 3700, Facebook: [www.facebook.com/stpaulsgreystanes2115](https://www.facebook.com/stpaulsgreystanes2115)



**ENROLLING now for 2018**  
Catherine McAuley is a Catholic girls' secondary school, located at Westmead. Our broad curriculum encourages young women to pursue independent lifelong learning.

**OPEN NIGHT** Tuesday 14th March 2017  
4.00pm - 7.00pm  
This school open event will give visitors the opportunity to tour the school and view facilities as well as meet our School Principal and School Leadership Team.  
CONTACT OUR SCHOOL ON 9849 9100 FOR AN ENROLMENT PACK.  
APPLICATIONS CLOSE 31ST MARCH 2017  
Catherine McAuley, 2 Darcy Road, Westmead | [www.mcauley.nsw.edu.au](http://www.mcauley.nsw.edu.au)

Enrolment Packs for Catherine McAuley are available for collection from our school office for parents interested in Year 7 Enrolment for 2018. Enrolments close on Friday 31 March 2017.

## Parents and Friends

### School and Parish Fete Meeting Tonight 22 February

We will be holding a fete meeting tonight in the Church Narthex at 7pm.

Whether you have volunteered or would like to help out, everyone is encouraged to attend so we can update you on progress and discuss all things related to fete.

Tea/Coffee and refreshments will be served.

### FETE 2017 Help Needed!

The P&F would love to hear from anyone who is able to help with our fete scheduled for Friday 24 March.

There are a few things you can do to help:

1. Fill out the volunteering form sent home with the students
2. Help seek more donations from businesses by way of products, vouchers or services. Please email us on [olmcfete@gmail.com](mailto:olmcfete@gmail.com) or contact Mary-Anne Boustany on 0410 483 609 and we can give you more information.
3. Keep yourself informed especially re key dates via our fete newsletter now every two weeks

### P&F Welcome Back Celebration This Friday

Don't forget the P&F welcome back celebration is **this Friday 24 February**.

Our get together will be held at our school (entry via Smith Street) from 5.30pm for a 6pm dinner.

If you would like to attend but you have not yet filled out the RSVP, you can still send it in by Thursday morning with your child.

We hope to see everyone there for this great event which has become an annual gathering of our school community.

### PRC Meeting Gilroy College, Castle Hill

On Monday 27 February, Leonie Smith, "The Cyber Safety Lady", will present a free seminar on Raising Responsible Digital Citizens. This is a free event for all parents of children attending Diocesan Schools. Learn how to keep your child safe online. For more information please go to <http://www.prc.catholic.edu.au/home>.

### Second Hand Uniform Shop

The second hand uniform shop, located outside the entrance to the school office, will be open the following times:

Mondays from 8:45am until assembly, and then after assembly until 9:30am

Fridays from 8:45am to 9:15am

We will also communicate via Skoolbag to let you know when the shop will be open on any additional days.

If you have any uniform items to donate and in particular, new uniform pieces, please drop them off at the school office or at the second uniform shop at the above times.

### Tiny Tots Playgroup

Tiny Tots Playgroup is on every Friday morning at 9:15am in the School Hall (Smith St playground, on the school grounds).

This is a fun way for babies, toddlers and pre-schoolers in our community to meet every week and spend some time playing and making craft.

The cost is \$2 per session or \$20 per term. Tea/coffee, bikkies and a chat are provided for the adults! Children need to bring their own, nut-free morning tea from home.

*This column is compiled by P&F Communications. If you have any queries or wish to contribute, please email [olmcfete@parra.catholic.edu.au](mailto:olmcfete@parra.catholic.edu.au) and attention to P&F Communications.*



# OUR LADY OF MT CARMEL 2017 FETE

## FETE RAFFLE TICKET

## COMPETITION

Please keep selling as many fete **raffle tickets** as you can.  
The family who sells the most tickets in our school wins:

A Samsung Galaxy Tablet  
Headphones  
\$50 Google Play card

*So come on keep selling!! More books are available from the office.  
So far the winning family has sold 10 books.*

- 1st Prize:** Prepaid Eftpos Card valued at \$1000
- 2nd Prize:** Innovo 4 Burner Gas BBQ by Sunbeam valued at \$990
- 3rd Prize:** Uniden Digital Wireless Home Surveillance System valued at \$583
- 4th Prize:** Studio1000 Makeup, Hair & Photography Package valued at \$545
- 5th Prize:** iPad Mini 2, Wifi 32GB, Sony Headphones, \$50 iTunes Card valued at \$508
- 6th Prize:** Nespresso Delonghi Lattissima Plus Capsule Coffee Machine valued at \$489
- 7th Prize:** Stainless Steel 4 Burner Jumbuk BBQ Plus Cover valued at \$449
- 8th Prize:** Dyson DC58 Animal Pro Handheld Vacuum valued at \$399
- 9th Prize:** Samsung Stainless Steel 1000W 34L Microwave valued at \$249
- 10th Prize:** Jades Mobile Hair Makeover Voucher valued at \$150

\*Prizes not transferable for cash

The total prize pool is valued at \$5,300 and is the largest to date!

All stubs as well as unsold tickets need to be returned to the school office by Friday 17 March 2017. Raffle will be drawn at 8.30pm on fete night - Friday 24 March 2017.

If you have any questions please Paula Epenian on 0406 515 782 or email [olmcfete@gmail.com](mailto:olmcfete@gmail.com).