

# Our Lady of Mt Carmel Primary NEWSLETTER



22 November 2017

Term 4

Week 7

## School Contact Details

School Principal: Steven Jones  
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## Parish Contact Details

Parish Priest: Fr Denis Andrew  
9631 8302  
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## **UPCOMING DATES**

### **TERM 4**

#### **Week 7**

##### **Thursday 23/11**

Yr 5 Student Leadership Day  
Kindy Reward Day Performance  
8:30-9am Uniform Shop Open  
(Appointments only)

#### **Week 8**

##### **Monday 27/11**

9am Assembly– Yr 3G  
Swimming Program Commences

##### **Tuesday 28/11**

Swimming Program  
8:30-1pm Uniform Shop Open  
(Appointments only)

##### **Wednesday 29/11**

Swimming Program

##### **Thursday 30/11**

Swimming Program  
Yr 6 Surf Awareness– Practical  
Session @ Manly

##### **Friday 1/12**

Swimming Program

#### **Week 9**

##### **Monday 4/12**

Swimming Program

##### **Tuesday 5/12**

Swimming Program  
8:30-1pm Uniform Shop Open  
(Appointments only)

##### **Wednesday 6/12**

Swimming Program

##### **Thursday 7/12**

Swimming Program  
Yr 5 Surf Awareness– Practical  
Session @ Manly

##### **Friday 8/12**

Swimming Program  
Semester 2 2017 Reports sent  
home

#### **NOTES SENT HOME FRIDAY**

Yr 1 Super Pollinators Incursion

Dear Parents

As we come very close to the beginning of the festive season or you may have even commenced it already, it is a wonderful opportunity to let go of the past but for some that can sometimes be difficult.

Are you a person who lives in the hurts of the past, who keeps bringing up old issues that revive unresolved pain and hurt? Do you keep a scorecard of petty issues and dwell on them to create a climate of resentment and suspicion? If this is you, then you could be choosing isolation and rejection, as other people in your life are in the process of trying to change or have already changed.

Grudge-holding is an acquired behaviour, it comes with practise and can express itself in anger as a way of creating a false sense of power, a fantasy power. Grudge-holding gives us a feeling of self-righteousness instead of allowing us to deal with a problem and move on. Taking things personally will surely lead to unhappiness. If we choose to personalise things, we choose to feel hurt.

Our feelings and how we control them are up to us; they are our feelings. Angry, grudge-holding people imagine the worst about other people in their minds. They see other people's behaviour as being wrong, even bad, whilst excusing the same behaviours in themselves. If we blame and accuse others of the same faults that we have, we are living in a state of denial and, whilst in that state, we obstruct our own growth and learning. Sometimes our first reaction to a problem is to look for someone to blame. This is an avoidance tactic for us taking responsibility for our share of the problem.

To model a positive attitude by presenting our thoughts in a positive manner, is the most effective way to guide our children's thoughts in a positive direction. Through the various stages of their growth, our children will experience periods of self-doubt perhaps fueled by negative feedback from their peers, perhaps through their perceived inability to cope with study, social or family expectations or maybe simply finding themselves at the mercy of new emotions. It is during such times that they need us, the significant adults in their lives, to be positive influences for them.

They will need kindness, good humour and support to discover their own strengths. They will need protection from what will harm rather than nourish their minds. They will need a listening ear, when they have important matters to reveal, discuss or seek advice about. They will need to see us putting our values into practise in a relaxed and realistic manner that makes them take note rather than turn away. They need positive thinking parents.

*"Praise to You, God,  
for the gift of life.*

*May all that we see and experience lead us to grow in wonder and respect,  
so that we may value and be thankful for everything in our lives each day.  
Amen."*

All the best for the week ahead.

  
Steven Jones-Principal

*The Community of OLMC is Safe and Respectful*

## FAMILY CHRISTMAS MASS

**Sunday 24 December 5pm**

Parents, come along and help us organise this ever popular Mass on Wednesday 29 November at 7 pm. All parish children are warmly invited to participate in this Mass as there are loads of roles available. Every role from Commentator, Mary, Joseph, shepherds, angels, wise men and even a laptop operator is performed by children. Parents are kindly encouraged to attend this meeting to help us plan and prepare. For more info, please contact Paola on 0414 947 799.

## SPOTLIGHT ON RE

Advent, is nearly here!! It is the beginning of a new year in the Liturgical season of the Church. Advent is a very short season lasting for 4 weeks. The Advent wreath is one of the symbols of Advent that the children will become familiar with. The circle of the wreath is never ending as is God, some wreaths are made with evergreen leaves, green is a sign of new life, a new beginning, Jesus is this new life, the promise made visible. The first candle that is lit is called the Prophets candle, we remember all those who proclaimed and prepared the people for the arrival of the Saviour.

## CHRISTMAS HAMPERS

It is that time of year again when our OLMC community puts into practice our mission of COMPASSION, DIGNITY and JUSTICE by collecting Christmas hampers for the St Vincent de Paul society to distribute to the needy of our parish. Each class is collecting hampers and children are asked to donate any of the following items:- Coffee, tea, tinned fruit, ham, corned beef soft drinks, chips, lollies, tomato sauce, bbq sauce, pasta/ pasta sauce, long life milk, custard, Christmas cake/ biscuits, toothpaste/brushes/ shampoo/soap or tins of tuna and salmon.

## IN MEMORIUM

### CHARLIE SALVO

It is with deep sadness that we inform the school community that Charlie Salvo, father of Sophie (Year 6) passed away last Wednesday 15 November after battling illness for a number of years. Our thoughts and prayers are with Judith, Georgia, Kasey and Sophie during this extremely difficult time for the family and friends. A Requiem Mass for the eternal repose of the soul of Charlie was celebrated today.

*May eternal rest grant unto  
Charlie, O Lord,  
and perpetual light shine  
upon him.*

*May Charlie rest in peace.*



## MERIT AWARDS

NAME	CLASS
Vincent Confucious, Aibel Koippuram Timmy Matthew Taouk, Jada Khadi	KB KG
Annalise Makhoul, Jacob Zahra Savannah Dumon, Yajur Pillai	1B 1G
Aadhya Shandilya, Azhric George Irene Meli, Saxon Jones	2B 2G
John Zaitouni, Damon Olter Claudia Tannous, Aiden Dark	3B 3G
Nerome Chedid, Michael Gebrael Vraj Patel, Iziah Dumon	4B 4G
Peter Giotas, Claudia Sammut Dylan Machado, Sacha Sahyoun	5B 5G
Abhyudit Shandilya, Angelina Koulouris Jenna Hudson, Emilian Jerji	6B 6G

### 'DIAMOND AWARD'

Ariana Jose

### 'PRINCIPAL'S AWARD'

Chloe Elias, Jacinta Saba, Lara Boustany, Emily Hourani, Gabrielle Matta, Shuban Golkonda

### 'PLATINUM AWARD'

David Deguara, Elouise Faddoul, Annabelle Borg,  
Christopher Andreou, Myra Miranda,  
Michaela Manenti

### 'OPAL AWARD'

Lucas Michael, Peter Giotas

### 'GOLD AWARD'

Faith Lee, Elizabeth Elkor, Ann Clivin  
Francis Sivayogabala, Adam Cowan, Ayii Majak,  
Bracston McMahon, Michael Gebrael, Madeline Toth,  
Jordan Sathi,

## STAFFING UPDATE

During the past couple of weeks the following staff have informed the school of the intentions for 2018. Miss Jennifer Lawrence who has been on leave during 2017 has decided to resign her position at OLMC to explore other employment opportunities both within teaching and beyond. Mrs Emma Moore has relinquished her one day a week teaching position to work casually closer to her children's school. Mrs Rosalina Caruana has retired as the cleaner of our school facilities after 16 years. Mrs Jodie Meares has been seconded by Catholic Education, Diocese of Parramatta to Holy Family Emerton for the 2018 school year as the Kindergarten to Year 2 Literacy and Numeracy Leader. We thank all of the above staff for their dedicated service to the school community of Our Lady of Mount Carmel Wentworthville. We are currently finalising staffing for the 2018 school year.

## STUDENT BANKING



Student Banking Rewards orders will close on Tuesday 28 November. Final day for banking will be Tuesday 5 December. Thank you to all students who participated this year. Our school receives support from the Commonwealth Bank to run the school banking service and the more students who participate, the more our school benefits. If you would like your child to open a bank account to be ready for 2018 school banking please contact Maree Murphy in the school office for details.

## UNIFORMS

Parents are asked to ensure they carefully follow the manufacturer's care instructions to ensure maximum benefit from their children's uniforms. The instructions can be found on the reverse side of the tags stitched inside each garment. Please contact the school office if you have any queries regarding your child's uniform.

All uniform sales for 2017 will finish on Tuesday 5 December. Our uniform shop will be open by appointment only again on Monday 29 January 2018. Please make your appointment by going to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) and use the code 8pyf4.

## SPORTS UNIFORM

Just a reminder that all students are to wear white socks with their sports uniform.

## SWIMMING SCHEME

The Swimming Scheme commences next Monday 27 November. Parents please ensure that your children's costume is suitable, no bikinis or board shorts are allowed. Full piece swimsuits, tankinis and rash shirts are acceptable.

A note will be sent home this Friday reminding you of what needs to be packed each day and the importance of being on time each day.



## ARE YOU GOING ON HOLIDAYS

If you are planning a trip or need time off school for a family matter, we need to know. Please collect a Leave Application Form from the office or download a copy from our school website. Once filled in please return to the office with supporting documentation such as a Travel Itinerary or booking confirmation. These forms need to be submitted to the school office at least two weeks prior to the requested leave. Please note that if your child is absent the day before or after their return that a separate absence note will need to be sent to your child's teacher. The leave approval only covers the dates stated on the leave application form.



## CANTEEN NEWS

For all of Year 1 and Year 2 the following food will be the only foods available for the children to order as their lunch break will be at recess due to the Swimming Scheme commencing next Monday 27 November for 2 weeks:

*Pie, sausage roll, nuggets, hot dogs, garlic bread, nachos, oregano wrap, meat wrap, pizzas, fish fingers, 2 min noodles, burgers, sandwiches and wraps.*

Thank you



## PARENTS AND FRIENDS

### Donation

The Parents and Friends donated \$10,000 to the school. This money will go towards the enhancement of our school and the education of our children. We were able to raise this money through the Mothers' Day and Fathers' Day stalls during the year.

Our sincerest thanks to Joanne Sakr and Sonia Farah who coordinated these efforts and to Pauline Epenian for her invaluable assistance. Thanks to every parent who came and wrapped gifts for each of these stalls and assisted on the day with the stall. Your time and effort allow us to provide these services for our school community. Thanks also to you, for selling raffle tickets for the raffles and sending your children to school with money so that they could take part in these initiatives. We are fortunate to be part of such a generous community.

### Swimming Program

Next week we begin two weeks of intensive swimming lessons for our children. A note will come home on Friday that outlines what your child needs to bring for their lessons.

It can seem like a huge burden with all the washing and extra packing for the fortnight, as well as having to deal with extra tired and cranky children. Swimming is a vital skill that all children must learn, especially in Australia, where water is a huge part of life during the Summer months. In only two weeks, between Christmas 2016 and 8 January 2017, 21 people in NSW lost their lives in water accidents. Those deaths occurred in rivers and lakes, in the surf at the beach, out on a boat, and in backyard swimming pools. So it is important for our children to learn this life saving skill.

This column is compiled by P&F Communications. If you have any queries or wish to contribute please email [olmcwenty@parra.catholic.edu.au](mailto:olmcwenty@parra.catholic.edu.au) and mark it attention it to P&F Communications.



# OLMC EXTRA-CURRICULAR 2017!



2017 has been a busy year for extra-curricular activities at OLMC. It has presented many opportunities for the students to experience new sports and activities as well as learn more about how to make healthy lifestyle choices. We have had major football codes AFL and the NRL come and run clinics for our students throughout the year with a number of our students going on to join local clubs. For the first time we sent two teams to the Basketball Gala Day. We were also represented at Soccer, Netball and Touch Football Gala Days throughout 2017. Still to come this term students will participate in the annual swimming program. Year 5 and Year 6 will participate in the Surf Safety Program at Manly Beach.



"I really enjoyed the Rugby League Clinic because I learnt lots of new skills and also how to work with a team." - Abraham, Year 2.

"Our OLMC gala days, not only give us the chance to represent our school but also allow us to show what we are capable of doing in different types of sports. People that participate in our gala days, always show teamwork, encouragement and good sportsmanship. Participating in our school gala days are so much fun and and you learn new and different types of sports and how to play them. It's a new experience for everyone."  
Emily Khadi & Kiara Sakr - Year 6

