



# Our Lady of Mount Carmel

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## PRINCIPAL'S MESSAGE

Dear Parents,

Welcome back to Term 4. It is October, the month of the Rosary. The rosary is a devotion in honour of Mary. It is also a time when we can thank God for our mums who have looked after us during the holidays and will continue to care for us during Term 4. At Monday morning assembly Mrs Kath Noble (Acting Religious Education Coordinator) prepared the following prayer which was shared by our student leaders.

One of the significant prayers of the Rosary is the Hail Mary. The "Hail Mary" is one of the most beautiful prayers in the world. The people of God's family (the Church) have used these words of praise for more than 1500 years to pray to Mary and praise God for the things God has done through her. The Hail Mary is drawn from the Gospel of Luke. It combines the words of the Archangel Gabriel (who is a messenger from God), the words of St. Elizabeth (the mother of John the Baptist, who was filled with the Holy Spirit while still in her womb), and ends with a very powerful petition for our mother Mary to pray for us always.

But what does the Hail Mary really mean?

### **"Hail Mary"**

In Luke 1, the angel Gabriel appears to Mary. This is the first part of his greeting to her.

### **"Full of grace"**

We believe this means Mary was without sin. We believe that she was preserved from sin (by the power of Jesus) so that she could carry the son of God inside her

### **"The Lord is with thee"**

Mary was constantly listening to God and his voice in her heart. He was with her as an active presence.

### **"Blessed art thou among women"**

This is the first part of Elizabeth's greeting to Mary when she arrives for a visit. Luke tells us that Elizabeth is filled with the Holy Spirit and then exclaims these beautiful words, encouraging Mary in what God has given her to do.

### **"and blessed is the fruit of thy womb, Jesus"**

This is another blessing uttered by Elizabeth, who spoke these words after her child, John the Baptist, leaped in her womb at the moment she hears the greeting of Mary. Elizabeth is inspired by the Holy Spirit to bless Mary for believing the message of Gabriel. Elizabeth acknowledges the presence of God in Mary's womb:

### **"Holy Mary Mother of God"**

Mary is with Jesus in heaven. She is a saint; she is holy. Because she has given the world Jesus, Mary is the Mother of God. She is also our Mother as Jesus spoke from the cross to his beloved disciple John: "Behold your mother,"

### **"Pray for us sinners"**

We pray to Mary asking her to pray for us.

### **"Now and at the hour of our death"**

We pray in the confidence that Mary will lead us to her Son, Jesus, in paradise.

Let us pray and ask Mary to help us have a successful Term 4, to thank her for the gift of our mums and mother figures in our lives and guide the children who are making their First Communion during the upcoming two weekends.

*Steven  
Principal*

***The Community of OLMC is Safe and Respectful***

## UPCOMING DATES

**Year 6 2019 Camp Collaroy dates** *As of 1st October 2019*

### **Term 4 - Week 1**

**Wed:** 8:15am Morning Workout (K-Yr3)

**Thu:** 3:30-4:30pm & 7-8pm First Holy Communion Practise

### **Week 2 - Mission Week**

**Mon:** School Photos (full summer uniform)

**Tue:** CARES Excursion 4 Gold

8:15am Morning Workout (Yr 4-Yr 6)

9:15am Assembly 5 Gold

1:40pm Mission Disco Yrs 2, 3 & 4B

**Wed:** 8:15am Morning Workout (K-Yr3)

CARES Excursion 4 Blue

1:40pm Mission Disco Yrs 4G, 5 & 6

**Thu:** 10:30 Education Mass (Student leaders)

1:30pm Rice Day Lunch - Year 4 to Year

6:14pm Mission Disco K & Yr 1

3:30-4:30pm & 7-8pm First Holy Communion Practise

**Fri:** World Teachers Day

Yr 1 Excursion Riverside Theatre

### **Week 3**

**Mon:** 9:15am Assembly 4 Blue

**Tue:** 8:15am Morning Workout (Yr4-Yr6)

12:30-2pm P&F Executive Meeting

7-8:45pm Kindergarten 2019 Parent Information Night

**Wed:** 8:15am Morning Workout (K-Yr3)

Year 3 Excursion Botanic Gardens

## NOTES HOME

### MONDAY

- Cares Excursion Yr 4
- Plant Connections Yr 3
- Bush School Kindy
- Rouse Hill House & Farm Yr 2
- Mission Week Years 4,5 & 6
- Photo day envelope

### WEDNESDAY

- Yr 5 Design Lab and Castele Hill Heritage Park Excursion

## CHILDRENS SACRAMENTAL PROGRAM

**FIRST HOLY COMMUNION:** Welcome back to all families! We hope everyone is well-rested and ready to celebrate the first sacrament of Holy Communion for many of the children in our community. **Rehearsal will be at 3:30pm and 7pm this Thursday and next Thursday.** You can come to either rehearsal (or both!). Celebrations will be at 6pm on Saturday 20th and 10:30am on Sunday 21st October, as well as 10:30am on Sunday 28th October. All are welcome to come and support and celebrate our friends.

**CHILDREN'S LITURGY OF THE WORD:** A reminder that the Children's Liturgy of the Word is held at the 9am Mass during Term 4 from 28th October. All school-aged children are welcome to attend.

## SPOTLIGHT ON RE

During the first few weeks of this term, all classes are focussing on the Church's call to Mission. It has become a practice for our school to have East Timor as our priority and in particular supporting the Carmelites in the region. It is not just about fundraising to support the schooling of some teenagers in the area and providing some of their needs. It is about being the face of Christ outside our community, and doing as Jesus taught and showed us through His interaction with the outcasts, the poor, the sick and those who have less than we do. During the first weeks of school we put our learning into practise by holding lunchtime discos to support East Timor. This initiative is organised and run by our Mini Vinnies Group and Year 6. Year 6 leaders will be attending the Mission/Education Mass on Thursday 25 October and Year 4, 5 and 6 will also be participating in Rice Day where all they eat for the day is a bowl of rice. As part of our fundraising for Mission Week we will be holding lunchtime discos for a gold coin donation on Tuesday (Yrs 2, 3 & 4B), Wednesday (Yrs 4G, 5 & 6) and Thursday (Kindergarten & Yr 1). There will be a mufti day on Friday for a gold coin donation.

## PLENARY 2020 WINE AND CHEESE NIGHT

Pope Francis has approved the Australian Bishops' decision to hold a Plenary Council in Australia in 2020 & 2021. It is a significant moment for the Church in Australia to make decisions about the future. This is a unique and exciting time and we encourage you to become involved.

Your thoughts are essential to the success of the Australian Catholic Bishops call for a Synod in 2020. Please consider the question we have been asked "WHAT DO YOU THINK GOD IS ASKING OF US, IN AUSTRALIA, AT THIS TIME?" Perhaps you could consider "What do I need to grow in faith" or "What is the co-responsibility between Priests and Parishioners for the operation of Parishes?" Have your say.

As a Parish, we warmly invite all parishioners to attend our wine and cheese night **Friday 26 October at 7pm.** We hope to explain a little more of the Plenary process and look at the question, "What do you think God is asking of us at this time?" Please extend the invitation to anyone you feel may be interested in attending. RSVP to Paola on 0414 947 799 for catering purposes by Wednesday 24 October.



