



# Our Lady of Mount Carmel

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## PRINCIPAL'S MESSAGE

Dear Parents,

Easter is the most significant event of the Christian calendar. It is a period of intense sorrow for Christians, brought about by the death of Christ on the cross (Good Friday) but also of great spiritual happiness through the miracle of the Resurrection (Easter Sunday).

As Lent ends, Holy Week begins with Palm (or Passion) Sunday. It is on Palm Sunday that Jesus arrived in Jerusalem on a donkey and the people of the city laid palm fronds on the road, they joyfully cried out to him,

**“Hosanna; Blessed is he who comes in the name of the Lord”.**

Only days later, Jesus found himself mocked and beaten, scorned by the very same people who previously had shouted his praise. As parents and adults, we no doubt have moments when we're on the receiving end of high praises, and, at other times, feel beaten down by criticism and blame.

Holy Week comprises of the seven days before Easter. The last three days of Holy Week link Lent and Easter and they are called the Triduum (meaning three days): Holy Thursday, Good Friday and Holy Saturday. The Easter Vigil begins the new season of Easter on Holy Saturday night.

As we come to the end of our Lenten journey, let us not forget that God made a great promise to all of us by raising Jesus from the dead. Jesus' resurrection is a triumph over death. It also holds the message that love is stronger than hate and hope is stronger than despair.

*As we enter Holy Week with Jesus, let us remember*

- the poor and the broken
- the humiliated and the marginalised
- those who suffer the abuse of others
- those who never use rank to force their will

Next Tuesday all grades and parents in the school will spend the day reflecting on a selected Scripture passage related to the Easter story and the message it conveys to them. They will individually and or collectively create a piece of artwork or a reflection to display their personal and or collective response to this Scripture passage. Next Wednesday afternoon all parents are welcome to join us on a sacred walk throughout the school from 2:15pm.

I look forward to praying with children, parents and staff during this most significant week in our Church's season.

*Steven Jones*  
*Principal*

***The Community of OLMC is Safe and Respectful***

## UPCOMING DATES

### Week 8

#### Wednesday 21/03

1:40-2:10pm Project Compassion  
Disco - Yrs 1 and 6  
3:15-4:15pm AFL After School Clinic

#### Thursday 22/03

8:15am Thursday Morning Workout  
1:40-2:10pm Project Compassion  
Disco - Yrs 2, 3 and 4

#### Friday 23/03

9am School Cross Country  
1:40-2:10pm Project Compassion  
Disco - K and Yr 5  
2:30pm Kindergarten Easter Hat Parade

### Week 9

#### Monday 26/03

9am Assembly - 3 Gold

#### Tuesday 27/03

9:30-1:30pm God Day

#### Wednesday 28/03

9:30-10:30am Open Morning for prospective 2019 enrolments  
2:15pm Parent Holy Week  
3:15-4:15pm AFL After School Clinic

#### Thursday 29/03

8:15am Thursday Morning Workout

#### Friday 30/03

Good Friday - School Closed

## NOTES HOME

### Last Wednesday

- Cross Country Carnival

### Last Friday

- Changes to Bookclub
- Yr5 - Visual Arts Easter Activity

### Today

- Premier's Reading Challenge



## EASTER SERVICES AT OUR LADY OF MT CARMEL CHURCH

25 March : Palm Sunday - Principal Mass with Procession at 9:00am

29 March : Holy Thursday, Mass of the Lord's Supper at 7:30pm

30 March : Good Friday 9:00am Stations Of The Cross; 3:00pm Individual Reconciliation & The Lord's Passion Mass

31 March : Easter Saturday 7:30pm Vigil Mass

01 April : Easter Sunday 7:00am, 9:00am and 10:30am Masses. No evening Masses on Easter Sunday.

## AUTUMN VACATION CARE

Care is available each day from 6:45am—6:30pm. All excursions will depart by 8:00am and return by 4:00pm unless otherwise specified.

Please return booking form in person or email to:  
[coshcmotherteresawestmead@parra.catholic.edu.au](mailto:coshcmotherteresawestmead@parra.catholic.edu.au)

Contact Centre Supervisor on  
0418 153 894

**CLOSING DATE FOR BOOKINGS & PAYMENT:**  
**Thursday, March 29 2018**

Please see the flyer attached to the newsletter for more details.



## SPORT NEWS

### CROSS COUNTRY CARNIVAL

Friday morning will be the running of the school Cross Country Carnival. Below is an approximate timeline for how the morning will run. Children in Kindergarten and Year 1 (7 year olds in 2018 Year 2) will run around a course inside the school. From Under 8-12 students will run around the block as per previous years. A decision regarding the running of the carnival due to weather will be finalised on Friday morning.

### **Approximate starting time, Age turning in 2018 (Distance)**

9:10am - Year 1 (500m)  
9:20am - Kindergarten (500m)  
9:30am - 8 year olds (2km)  
9:55am - 9 year olds (2km)  
10:20am - 10 year olds (2km)  
10:45am - 11 year olds (3km)  
11:15am - 12/13 year olds (3km)

### THURSDAY WORKOUT

Thursday workout will not take place in Weeks 10 and 11 due to Mr Nicholas Jones not being available to facilitate the workouts.

## MERIT AWARDS

KB Katrina, Jolenta

KG Aimie, Jessica

1B Ariana, Shivani

1G Vincent, Jada

2B Annabelle, Varsha

2G Erica, Billy

3B Harish, Gabriella

3G Mia, Azhric

4B Aiden, Hannah

4G Lucas, Bridie

5B James, Emily

5G Thomas, Elizabeth

6B Jared, Anne

6G Dylan, Joachim

## PRC

Today your children will bring home their Premier's Reading Challenge (PRC) online login details. You can begin to update your child's reading record. The Kindergarten - Year 2 teachers will also record the books that they are reading with their class. If you have any questions please direct to Miss Pirovic.

## BOOK CLUB

Last week Book Club notes were sent home. All orders are to be made online by downloading the LOOP app or following the link to the book club site [www.scholastic.com.au/loop](http://www.scholastic.com.au/loop) Payments are to be made online at the time of placing the order. Orders need to be made by Wednesday 21 March.

## GOD DAY

Next Wednesday afternoon at 2.15pm there will be a parent prayer walk through the God Day stations completed by children on the Tuesday. This is another time for parents to spend time in prayer reflecting on the events of the Easter story. Please meet in the front playground at 2.15pm.

## BYOLT SURVEY - PARENTS

Thank you to all the parents who have completed the survey to date. To support parents in their child's Information Communication Technology (ICT) usage as part of the BYOLT (Bring Your Own Learning Tool) program we would like parents of students in Years 4-6 to complete a survey. The information received will assist in the school supporting and educating parents via information sessions and sheets or online tools. [Please click on this link to complete the survey.](#)

## PARENT REFLECTION DAY

As one of our initiatives to provide faith formation in our school communities, the Mission Team Catholic Education Diocese of Parramatta are hosting a Parent Reflection Day early in Term 2.

This is a free event with morning tea and lunch provided.

**When:** 9.30am - 2.00pm, Thursday, 3 May

**Where:** Franciscan Shrine of the Holy Innocents, 8 Greyfriar Place, Kellyville

**RSVP:** Tania by email to [tmelki@parra.catholic.edu.au](mailto:tmelki@parra.catholic.edu.au) or phone 0429 375 226.

## P&F NEWS

**Parents and Friends Meetings** - The P&F Committee meets each term to discuss and organise upcoming events and to collaborate with the school and parish in the education of our children. We aim to support the school to better serve the students and provide a source of communication between the parish, the school and the parent body. Every parent and carer in the school is invited to attend our meetings to enable us to best represent the hopes, the concerns and the wishes we have for our children. To make these meetings as representative as possible, we are conducting a survey to determine when the best time is to hold a meeting. If you could take a moment to complete the survey at this [link](#) we would be most grateful.

**Sports for Schools** - This is the last 10 days to collect Coles vouchers. The vouchers will cease to be available on April 1<sup>st</sup>! Send vouchers to the office with your child. The more vouchers you collect, the more sports gear we will receive. Start collecting today because the race is on! Remember that vouchers must be returned to school by the end of term.

**Mothers' Day Stall** - Our fundraising committee are already planning for our Mother's Day Stall on **Wednesday 9<sup>th</sup> May**. Can you help with donations for the Mothers' Day Raffle prizes? Please contact Sonia 0431 692 960 or Joanne 0418 623 867.

**Second Hand Uniform Shop** - If you have any new style uniform items to donate, please drop them off at the school office. We would love any donations.

**Star Cards** - As we rapidly move through term one, your child may have come home telling you that star cards are at stake and they MUST take a letter back tomorrow, or provide a glue stick or produce a piece of their best work. You may be wondering what these magical items are and why they inspire your child so much. Star cards are used to encourage our students to remember to be safe and respectful learners at all times. Star cards are given in acknowledgement of positive attitudes and behaviour in both the classroom and the playground. When a child receives a star card it cannot be taken away from them. The collection of star cards is acknowledged on both an individual and class level. As a class group, star card reward days are achieved. A letter will come home from your class teacher explaining the special way your child's class have chosen to celebrate this reward when a star card reward day has been earned. Star card reward day is based on the total number of star cards a class has received. Individually, star cards accumulate in groups of 15 and result in Star Card Awards.

**Bronze Award for 15 star cards.** This is awarded in class by the teacher. Students receive 2 bronze awards. (15 cards and 30 cards)

**Silver award for 45 star cards.** This is awarded in class by the teacher. Students receive 2 silver awards. (45 cards and 60 cards)

**Gold Award for 75 star cards.** This is awarded at assembly on Monday morning and a special mention is made in the school newsletter.

**Opal Award for 90 star cards.** This is awarded at assembly on Monday morning and a special mention is made in the school newsletter.

**Platinum award for 120 star cards.** This is awarded at assembly on Monday morning and a special mention is made in the school newsletter.

**Principal's award for 150 star cards.** This is awarded at assembly on Monday morning and a special mention is made in the school newsletter. Students are also invited to celebrate with morning tea with Mr Jones and all the other children who have achieved this honour!

**Diamond Award for 210 star cards.** This is awarded at assembly on Monday morning and a special mention is made in the school newsletter. Students who achieve a diamond award receive a special lapel pin that they can wear with their uniform.

*This column is compiled by the P&F. If you have any queries or wish to contribute, please email [olmcwenty@parra.catholic.edu.au](mailto:olmcwenty@parra.catholic.edu.au) and attention it to P&F Communications.*

# BULLYING. NO WAY!

**“Make a stand, Lend a hand!”**

On Friday 16 March 2018, OLMC took part in the National Day Against BULLYING. Our school will focus on the slogan of **“Make a stand, Lend a hand”**.

This day built on the learning already undertaken in our Term One Personal Development Program. As a school community we looked at ways we can tackle bullying together and put a stop to it. The students of OLMC took part in many different activities for us to understand what bullying really is and to take a stand against bullying together. The students were given a handprint to make a pledge against bullying.

Our goal is to completely stamp out bullying and come together as a safe and respectful community.

The Bullying. No Way! website is fantastic, and it is worth taking a look:

<https://bullyingnoway.gov.au/NationalDay>



**If your child talks to you about bullying:**

1. **Listen** calmly and get the full story.
2. **Reassure** your child that they are not to blame.
3. **Ask** your child what they want to do about it and how you can help.
4. **Visit** [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au) to find some strategies.
5. **Contact** the school.
6. **Check in** regularly with your child.



**BULLYING. NO WAY!**

[www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au)

**Year 6 Students - Jathush, Emily, Melissa, Adian and Jared**