OLMC SCHOOL C	ANTEEN	MENU TERM 1 2018	
Toasted Sandwiches		HOT FOODS	
Todsted Salid Wiches		Meat Pies (A)(H)	\$4.00
i i		Sausage Rolls (A)(H)	\$3.50
Toasted Cheese Sandwich (G)	\$2.50	Lasagna (G)(H)	\$4.00
Toasted Cheese & Ham Sandwich (G)	\$3.00	Twista Bolognaise (G)(H)	\$4.00
Toasted Cheese, Ham & Tomato Sandwich (G)	\$3.50	Fried Rice (G)(H)	\$4.00
Todated cheese, ham a formate samewith (6)	43.30	Macaroni and Cheese (G)(H)	\$4.00
SANDWICHES (MULTI GRAIN OR WHITE BREAD)		5 Nuggets (A)(H)	\$3.50
Butter or Jam (G)	\$1.30	2 Minute Noodles (A)	\$2.50
Vegemite (G)	\$1.50	Nacho Dippers (A)	\$4.50
Cheese & Butter (G)	\$2.30	Hot Dogs (A)(H)	\$3.50
Egg (G)	\$3.00	Wedges (Sour Cream) (A)(H)	\$3.00
Chicken (Low Fat Mayonnaise) (G)	\$3.60	5 Fish Fingers (A)(H)	\$3.00
Tuna (Low Fat Mayonnaise) (G)	\$3.60	Hash Brown (G)(H)	\$1.00
Salad (Cheese, tomato, carrot,cucumber & lettuce) (G)	\$3.60	Cheess and bacon bun (G)	\$2.00
Chicken (Salad & Low Fat Mayonnaise) (G)	\$4.00	Garlic Bread (H)	\$2.00
Tuna (Salad & Low Fat Mayonnaise) (G)	\$4.00	Corn Cobbette (G)(H)	\$1.00
WRAPS	Ų IIGG	Tomato Sauce	\$0.30
Salad (Cheese, tomato, carrot, cucumber & lettuce) (G)	\$4.00	Cheese Pizza Wrap (A)(H)	\$4.00
Chicken (Salad & Low Fat Mayonnaise) (G)	\$4.00	Meat Pizza Wrap (A)(H)	\$4.00
Tuna (Salad & Low Fat Mayonnaise) (G)	\$4.00	Oregano Pizza Wrap (A)(H)	\$4.00
SUSHI	34.00	SNACK FOODS	V IIIO
Assorted Sushi (G)	\$4.00	Smiths Variety (A)	\$2.00
PIZZAS	Ÿ 1100	Jumpys (A)	\$1.50
Margerita (A)	\$3.50	JJ Snacks (A)	\$1.50
Bbg Meat Lovers (A)	\$3.50	Grain Waves (A)	\$1.50
Hawaiin (A)	\$3.50	Red Rock Deli Chips (A)	\$2.00
,	¥ 5.55	Cupcakes (A)	\$1.00
BURGERS		Biscuits (Choc-chip) (A)	\$1.00
Hamburger	\$4.00		
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I(Low fat beef pattie, tomato, lettuce, tomato		Jelly Cups (G)	\$1.00
(Low fat beef pattie, tomato, lettuce, tomato		Jelly Cups (G) Ovaltines (A)	\$1.00
Chicken	\$4.00	Jelly Cups (G) Ovaltines (A)	\$1.00 \$1.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H)	\$4.00	Ovaltines (A)	
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken		Ovaltines (A) COMBOS	
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H)	\$4.00	Ovaltines (A) COMBOS Burger & Drink	
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT	\$4.00 \$4.00	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink	\$1.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G)	\$4.00 \$4.00 \$1.00	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink	\$1.00 \$5.50
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G)	\$4.00 \$4.00	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink	\$1.00 \$5.50 \$5.50 \$5.50 \$5.50
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS	\$4.00 \$4.00 \$1.00 \$4.00	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink	\$1.00 \$5.50 \$5.50 \$5.50
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink	\$1.00 \$5.50 \$5.50 \$5.50 \$5.50
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS	\$4.00 \$4.00 \$1.00 \$4.00	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink	\$5.50 \$5.50 \$5.50 \$5.50 \$5.50
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink	\$1.00 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$3.00	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink	\$1.00 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$3.00 \$2.00	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink	\$1.00 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A) Iced Tea (Peach and Raspberry) (A)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$3.00 \$2.00 \$2.00	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink	\$1.00 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A) Iced Tea (Peach and Raspberry) (A) Bottled Water (G)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$3.00 \$2.00 \$1.50	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink	\$1.00 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A) Iced Tea (Peach and Raspberry) (A) Bottled Water (G) Milk Poppers (Chocolate or Strawberry) (G)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$3.00 \$2.00 \$1.50 \$2.00	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink All combos exclude LOL Add a piece of fruit for .50c to any combo	\$1.00 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A) Iced Tea (Peach and Raspberry) (A) Bottled Water (G) Milk Poppers (Chocolate or Strawberry) (G) Oak Lite Milk (Chocolate or Strawberry) (G)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$2.00 \$1.50 \$2.00 \$2.00 \$2.00	COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink All combos exclude LOL Add a piece of fruit for .50c to any combo	\$5.50 \$5.50 \$5.50 \$5.00 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A) Iced Tea (Peach and Raspberry) (A) Bottled Water (G) Milk Poppers (Chocolate or Strawberry) (G)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$3.00 \$2.00 \$1.50 \$2.00	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink All combos exclude LOL Add a piece of fruit for .50c to any combo ICECREAMS Zooper Dooper	\$5.50 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A) Iced Tea (Peach and Raspberry) (A) Bottled Water (G) Milk Poppers (Chocolate or Strawberry) (G) Oak Lite Milk (Chocolate or Strawberry) (G) Up and Go (Vanilla or Chocolate) (G)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$2.00 \$1.50 \$2.00 \$2.00 \$2.00	COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink All combos exclude LOL Add a piece of fruit for .50c to any combo ICECREAMS Zooper Dooper Juices(various flavored)	\$5.50 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A) Iced Tea (Peach and Raspberry) (A) Bottled Water (G) Milk Poppers (Chocolate or Strawberry) (G) Oak Lite Milk (Chocolate or Strawberry) (G) Up and Go (Vanilla or Chocolate) (G)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$3.00 \$2.00 \$1.50 \$2.00 \$2.00 \$2.00 \$2.50	Ovaltines (A) COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink All combos exclude LOL Add a piece of fruit for .50c to any combo ICECREAMS Zooper Dooper	\$5.50 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A) Iced Tea (Peach and Raspberry) (A) Bottled Water (G) Milk Poppers (Chocolate or Strawberry) (G) Oak Lite Milk (Chocolate or Strawberry) (G) Up and Go (Vanilla or Chocolate) (G) VEGETARIAN Mac and Cheese (G)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$2.00 \$2.00 \$2.00 \$2.50	COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink All combos exclude LOL Add a piece of fruit for .50c to any combo ICECREAMS Zooper Dooper Juices(various flavored) Moosies	\$5.50 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A) Iced Tea (Peach and Raspberry) (A) Bottled Water (G) Milk Poppers (Chocolate or Strawberry) (G) Oak Lite Milk (Chocolate or Strawberry) (G) Up and Go (Vanilla or Chocolate) (G) VEGETARIAN Mac and Cheese (G) Fried Rice (G)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$2.00 \$2.00 \$2.00 \$2.50 \$4.00 \$4.00	COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink All combos exclude LOL Add a piece of fruit for .50c to any combo ICECREAMS Zooper Dooper Juices(various flavored) Moosies PLEASE ENSURE ALL LUNCH ORDERS ARE	\$5.50 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A) Iced Tea (Peach and Raspberry) (A) Bottled Water (G) Milk Poppers (Chocolate or Strawberry) (G) Oak Lite Milk (Chocolate or Strawberry) (G) Up and Go (Vanilla or Chocolate) (G) VEGETARIAN Mac and Cheese (G) Fried Rice (G) Margerita Pizza (A)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$2.00 \$2.00 \$2.00 \$2.00 \$2.50 \$4.00 \$4.00 \$3.50	COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink All combos exclude LOL Add a piece of fruit for .50c to any combo ICECREAMS Zooper Dooper Juices(various flavored) Moosies PLEASE ENSURE ALL LUNCH ORDERS ARE PLACED IN A BROWN PAPER BAG WITH CHILDS	\$5.50 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A) Iced Tea (Peach and Raspberry) (A) Bottled Water (G) Milk Poppers (Chocolate or Strawberry) (G) Oak Lite Milk (Chocolate or Strawberry) (G) Up and Go (Vanilla or Chocolate) (G) VEGETARIAN Mac and Cheese (G) Fried Rice (G) Margerita Pizza (A) Oregano Wrap (A)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$2.00 \$2.00 \$2.00 \$2.00 \$2.50 \$4.00 \$4.00 \$3.50 \$4.00	COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink All combos exclude LOL Add a piece of fruit for .50c to any combo ICECREAMS Zooper Dooper Juices(various flavored) Moosies PLEASE ENSURE ALL LUNCH ORDERS ARE	\$5.50 \$5.50 \$5.50 \$5.50 \$5.00 \$5.00 \$5.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,H) Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H) FRUIT Seasonal Fruit (G) Fruit Salad (G) DRINKS Juice Popper (Orange or Apple) (G) LOL carbonated drinks Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A) Iced Tea (Peach and Raspberry) (A) Bottled Water (G) Milk Poppers (Chocolate or Strawberry) (G) Oak Lite Milk (Chocolate or Strawberry) (G) Up and Go (Vanilla or Chocolate) (G) VEGETARIAN Mac and Cheese (G) Fried Rice (G) Margerita Pizza (A)	\$4.00 \$4.00 \$1.00 \$4.00 \$2.00 \$2.00 \$2.00 \$2.00 \$2.00 \$2.50 \$4.00 \$4.00 \$3.50	COMBOS Burger & Drink Pizza Wrap & Drink Pasta & Drink Pie & Drink Sausage Roll & Drink Hot Dog & Drink Nuggets & Drink All combos exclude LOL Add a piece of fruit for .50c to any combo ICECREAMS Zooper Dooper Juices(various flavored) Moosies PLEASE ENSURE ALL LUNCH ORDERS ARE PLACED IN A BROWN PAPER BAG WITH CHILDS	\$5.50 \$5.50 \$5.50 \$5.00 \$5.00 \$5.00 \$1.00 \$1.50