

**OLMC SCHOOL CANTEEN MENU 2019**

**Toasted Sandwiches**

Toasted Cheese Sandwich (G)	\$2.50
Toasted Cheese & Ham Sandwich (G)	\$3.00
Toasted Cheese, Ham & Tomato Sandwich (G)	\$3.50

**SANDWICHES (MULTI GRAIN OR WHITE BREAD)**

Butter or Jam (G)	\$1.30
Vegemite (G)	\$1.50
Cheese & Butter (G)	\$2.30
Egg (G)	\$3.00
Chicken (Low Fat Mayonnaise) (G)	\$3.60
Tuna (Low Fat Mayonnaise) (G)	\$3.60
Salad (Cheese, tomato, carrot, cucumber & lettuce) (G)	\$3.60
Chicken (Salad & Low Fat Mayonnaise) (G)	\$4.00
Tuna (Salad & Low Fat Mayonnaise) (G)	\$4.00

**WRAPS**

Salad (Cheese, tomato, carrot, cucumber & lettuce) (G)	\$4.00
Chicken (Salad & Low Fat Mayonnaise) (G)	\$4.00
Tuna (Salad & Low Fat Mayonnaise) (G)	\$4.00

**SUSHI**

Assorted Sushi NOT AVAILABLE ON FRIDAY	\$4.00
--	--------

**PIZZAS**

Margerita (A)	\$3.50
Bbq Meat Lovers (A)	\$3.50
Hawaiian (A)	\$3.50

**BURGERS**

Hamburger (Low fat beef pattie, tomato, lettuce, tomato)	\$4.00
Chicken (Chicken pattie, lettuce and low fat mayonnaise)(A,	\$4.00
Flame Grilled Chicken (Chicken breast, lettuce and low fat mayo)(G,H)	\$4.00

**FRUIT**

Seasonal Fruit (G)	\$1.00
Fruit Salad (G)	\$4.00

**DRINKS**

Juice Popper (Orange or Apple) (G)	\$2.00
LOL carbonated drinks	\$3.00
Quench Sparkling Water (Apple Raspberry, Blue Haven, Coke,) (A)	\$2.00
Iced Tea (Peach and Raspberry) (A)	\$2.00
Bottled Water (G)	\$1.50
Milk Poppers (Chocolate or Strawberry) (G)	\$2.00
Oak Lite Milk (Chocolate or Strawberry) (G)	\$2.00
Up and Go (Vanilla or Chocolate) (G)	\$2.50

**VEGETARIAN**

Mac and Cheese (G)	\$4.00
Fried Rice (G)	\$4.00
Margerita Pizza (A)	\$3.50
Oregano Wrap (A)	\$4.00
Cheese Wrap (A)	\$4.00
Fish Fingers x5 (G)	\$3.00

**HOT FOODS**

Meat Pies (A)(H)	\$4.00
Sausage Rolls (A)(H)	\$3.50
Lasagna (G)(H)	\$4.00
Twista Bolognese (G)(H)	\$4.00
Fried Rice (G)(H)	\$4.00
Macaroni and Cheese (G)(H)	\$4.00
5 Nuggets (A)(H)	\$3.50
2 Minute Noodles (A)	\$2.50
Nacho Dippers (A)	\$4.50
Hot Dogs (A)(H)	\$3.50
Wedges (Sour Cream) (A)(H)	\$3.00
5 Fish Fingers (A)(H)	\$3.00
Hash Brown (G)(H)	\$1.00
Cheess and bacon bun (G)	\$2.00
Garlic Bread (H)	\$2.00
Corn Cobbette (G)(H)	\$1.00
Tomato Sauce	\$0.30
Cheese Pizza Wrap (A)(H)	\$4.00
Meat Pizza Wrap (A)(H)	\$4.00
Oregano Pizza Wrap (A)(H)	\$4.00

**SNACK FOODS**

Smiths Variety (A)	\$2.00
Jumpys (A)	\$1.50
JJ Snacks (A)	\$1.50
Grain Waves (A)	\$1.50
Red Rock Deli Chips (A)	\$2.00
Cupcakes (A)	\$1.00
Biscuits (Choc-chip) (A)	\$1.00
Jelly Cups (G)	\$1.00
Ovaltines (A)	\$1.00

**COMBOS**

Burger & Drink	\$5.50
Pizza Wrap & Drink	\$5.50
Pasta & Drink	\$5.50
Pie & Drink	\$5.50
Sausage Roll & Drink	\$5.00
Hot Dog & Drink	\$5.00
Nuggets & Drink	\$5.00

*All combos exclude LOL*

*Add a piece of fruit for .50c to any combo*

**ICECREAMS**

Zooper Dooper	\$0.50
Juices(various flavored)	\$1.00
Moosies	\$1.50

PLEASE ENSURE ALL LUNCH ORDERS ARE  
PLACED IN A BROWN PAPER BAG WITH CHILDS  
NAME AND CLASS ON THE BAG

**(G)Green (A)Amber (H)Halal**