

Our Lady of Mount Carmel

Parish Contact Details
Parish Priest: Fr Denis Andrew, Phone: 9631 8302
ocarms@tpg.com.au www.olmcwenty.org.au

COOSHC

Teresa Aiteh, Phone: 0409 361 929 coshcolmcwentworthville@parra.catholic.edu.au



Newsletter Term 3 Week 9

PRINCIPAL'S MESSAGE

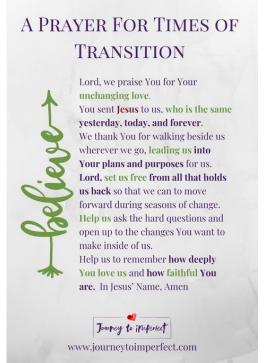
Dear Parents,

This week I find myself reflecting on the stages of life and the transitions that occur in all families. Recently my brother's son moved out of his family home to begin an independent life and establish his own home. These are moments that bring to the fore the competing messages and emotions of our head and our heart. Our head tells us that these moves are the natural progression of life and that it is how it should be. Our heart tells us that we still want our children close by in the safety of their parents loving home.

Parents are challenged with the task of nurturing their children and trusting all the lessons taught and then setting them free to walk their own path in life. It doesn't mean that the guidance stops. This is a lifelong task. However, we need to allow our children to make their own decisions.

My reflections have also led me to think of the later stages of life when some of us are no longer to live independent lives in the care of our family, necessitating a move into an aged care facility. I thought of my family's experience when we came to the realisation that my father's care needs became beyond the skill and ability of my mother and my siblings. Some of these moments are tinged with great sadness and disappointment of not being able to provide the care we wanted to. But then I also think back and am able to find contentment that I was able to be my father's defender in making sure his needs were met. I am also able to find joy in some of the silly moments we had together that otherwise would not have occurred.

Our Carmelite community has also been faced with this same family transition and its contradicting emotions as Fr John Powell moved into the aged care at Cardinal Gilroy retirement village in Merrylands this week. Fr John has been associated with our Parish community for over 30 years and has made many friends. We wish him all the very best in his new home and are so glad that he is still close enough for us all to remain in touch. We pray that Jesus remains with him and continues to remain a beacon of love and support.



Olimpia Pironc

Principal

UPCOMING DATES

Week 9

Wed: 3:15-4:15pm

League Stars Clinic (No

Parents stay on

site)

Thurs: Work Out with Mr Jones 8:15am SHARP

Week 10

Mon: Year 6 & Year 3 Sports Day

K, Y1, Y2 & Y3- Author Visit

2:45pm - 3:10pm Second Hand Uniform Shop

Tues: School Banking

Y2, Y4, Y5 & Y6- Illustrator Visit **Wed:** Y3, Y4, Y5 & Y6- Illustrator Visit

3:15-4:15pm League Stars Clinic (No Parents to stay

on site)

Thur: Comic-Con Event & PARADE - ALL

STUDENTS DRESS UP Fri: Last Day of Term 3

NOTES HOME

Last Week

- Yr 5 & 6 Religious Education Trial Unit
- Yr 2 Star Card Reward Day
- 3G Staffing Update

This Week

- Yr3 & Yr6 change of Sports Day
- Yr2 Toys Over Time In-School Experience
- Yr6 Planetarium In-School Experience
- K Wannabees In-School Experience
- Mrs Zahrooni baby news

BOOK WEEK EVENTS: BEGIN WEEK 9 --- PARADE (DRESS UP DAY): THURSDAY 24th SEPTEMBER

	MERIT AWARDS									
KB	Lachlan • Luke	4B	Jac • Hannah							
KG	No awards presented	4G	Emad • Amelia							
1B	Ava • Michael	5B	Deng • Saadhana							
1G	Mariella • Amelie	5G	Roman • Isabella							
2B	Olivia • Eli	6B	John • Amiel							
2G	Sean • Jayden	6G	David • Anabella							
3B	Kiara • Dennis	CA	Rhianna • Rouba							
3G	Anthony • Kruthi	PE	No awards presented							

STAR CARD REWARDS

Gold Awards: Ojas • Marie-Jose • Siya • Olivia

Opal Awards: Amelia - Erinn - Diana - Henry - Rajan - Rishaan - Ava - Jerrick - Mia - Alexia - Charbel - Summer - Joaquin

• Michael • Luke • Claudia • Bracston • Luca

Platinum Awards: Mariam - Mariella - Alexia - Abbey - Amelie - Cyril - Isaac - Sanaa - Charlotte - Charlotte - Catherine -

Mridun • Georgia • Bryson • Annabel

Principal's Awards: Mason - Isabel - Patrick - Candace - Kira - Matthew - Logan - Prasadi - Anuj - Gia - Alexander - Olivia - Celeste -

Michaela • David

Diamond Awards: Sanoshan • Mishti • Ava

COSTUME IDEAS



With our Comic-Con event happening next Thursday we thought we provide families with some quick and cheap costume ideas to get the creative juices flowing! While many students will come dressed as comic characters, there are no hard and fast rules about what students can come dressed as. They can still come as a favourite story character.

Minions: Yellow Tshirt, and Blue overalls

Incredibles: Red Shirt with an i stuck to the front Batman: Black eye mask with black clothing

Pirate: Black and white striped shirt, jeans and an eye patch

Bank Robber: Black and white striped shirt, black pants, black eye mask and a

sack

Alvin & the Chipmunks: Red jumper with an A on the front and a red cap

Mario & Luigi: Blue overalls and a coloured shirt and cap

Superhero: Cap with an eye mask

Where's Wally: Red and white striped shirt and blue jeans





STAFFING UPDATE

During Term 4, Mrs Wooding will be taking long service leave as a transition towards retiring from teaching after 40 years of service in the Our Lady of Mount Carmel community. Mrs Wooding and her family are relocating north. We will have the opportunity to formally farewell Mrs Wooding as a school community later in the year.

Miss Isabella Breusch will replace Mrs Wooding in her teaching role. Miss Breusch will be working alongside Mrs Wooding in Week 10 and it will be an opportunity to meet her.

SCHOOL FEES

Thank you to those families that have been able to finalise their accounts. As a system we are aware of the financial strain that COVID-19 is having on some families and its impact on their capacity to pay school fees, we have asked families to pay 'what they can when they can'. There is financial assistance available to families. To access this assistance please follow this link to the CEDP site for further information. If you have any queries regarding your account or would like to discuss a payment plan please contact Mrs Murphy or Miss Pirovic. If you are already on a payment plan or are awaiting the outcome of a concession application your fee statement will be for information purposes only.

SUMMER UNIFORM STARTS TERM 4

All students will be required to wear their Summer uniform from the start of Term 4. As the weather begins to warm children have the option to wear either their **full** Summer uniform or their **full** Winter uniform, not a combination of both.

Orders should be placed through Oz Fashions via the QKR App. Orders placed before 4:00pm on a Wednesday will be delivered to the school on the next Thursday. Orders will be sent home with your child. **DUE TO COVID RESTRICTIONS WE WILL NOT BE ABLE TO OFFER A TRY ON SERVICE FOR FAMILIES. PLEASE REFER TO THE ATTACHED SIZE CHART.**

This is also the time to start looking for all those lost uniform items. Each Term we donate hundreds of dollars worth of unlabelled and unclaimed uniforms to the Second Hand Uniform Shop - Some are brand new. Please clearly label your child's name on all items of clothing.

LIBRARY BOOK SEARCH

As we come towards the end of the term it is that time for us to check that all of our library books and class reading books have been returned. We ask that families take particular care with their class reading books as these are purchased as a set and can't be purchased individually.



MISSION WEEK BUSKING

This year the audition process will be slightly different. Here are some important things to know:

- Students can audition as a single entry or group entry. Singers, musicians, comedians, magicians – ALL talents are encouraged to enter!!
- Students interested in performing will be required to submit an audition video of their act to Mrs Laus at mlarkins@parra.catholic.edu.au by Friday 18th September 2020 (Week 9).
- Those students who are successful will be issued with a busking licence at a <u>cost of \$1 for a single entry and</u> \$2 for a group.

Mission to Busk will take place on Friday 16th October between 1:40pm and 2:50pm on the school playground and throughout the learning spaces. Unfortunately due to covid restrictions, this will be a closed school event. Parents will be able to view highlights of the afternoon via our OLMC facebook page.

ARE YOU LEAVING OLMC?

Please be aware that a full term's (10 wks) notice is required if your child will be leaving the school. All notification must be in writing and addressed to the Principal to avoid a full term's fees being payable. Refer to bit.ly/3izkzci for more information.



P&F NEWS

Second Hand Uniform

The Second Hand uniform shop is open on Monday afternoon from 2:30-3:00pm.

Please note that items are \$10 each and the payment method is <u>cash only</u>. If you have any old uniforms still in good condition they can be donated to the second hand uniform shop via the school office. Just place them, washed and clean, into a bag labelled 2nd Hand Uniform. We are in particular need of size 8 items, so if you have any you are willing to donate we would be extremely grateful.





In week 5 this term the Voice Of Youth competition was held, year six presented many excellent speeches. It was a great opportunity for people to overcome their shyness and demonstrate their knowledge and skill. Voice of Youth was a unique experience where students were able to share opinions on current topics and events that are happening in their own lives. A lot of people produced very funny speeches that got a laugh from the audience, while others gave persuasive speeches that were aimed to convince people to recycle or protect the animals.

Highlights

Everyone stuffed up at times, we stuttered and made mistakes and sometimes struggled to get back on track. Students demonstrated their resilience and pushed through, in the end we all did great. Everyone laughed and clapped for many of the speeches. We were quiet and engaged during informative speeches from Celine and Lara, who spoke about racism and animal cruelty. It was one of the best times in year 6.

Finalists and Winners

On the 21st the finalists were selected.

Congratulations to:

Celeste Ieronimo Luke Zahra
John JustinPaulRaj Marcus Khadi
Lucas Michael Yasmine Baykan
Lara Shandil Lachlan Doan-Vance
Celine El Soufi Joel Jaimy

The OLMC Voice of Youth winner for 2020 was Lucas Michael and the runner up was Celeste Ieromino.

Our winner

Lucas Michael engaged the audience with an entertaining and powerful speech about endangered animals. Grabbing our attention with light hearted jokes and drawing us into his serious discussion as to the different ways we can help and protect endangered animals.

Our Runner up

Celeste leronimo's speech discussed the positives and negatives of being short. She explained the positives as being able to fit into small places, allowing her to jump out and scare people. While the negatives included not being able to reach things that are up high and not being able to go on most roller coasters.

Although Voice of Youth was a bit nerve racking, everybody managed to get through it and are congratulated for their efforts. Well Done!

By Sylvana, Marcus, Georges, Sajin & Jerome



Spring Vacation Care 2020 Program

WEEK 1 — OLMC Wentworthville

Monday 28th September **SPRING RACING** IN-CENTRE

Tuesday 29th September **BIG TOP DAY IN-CENTRE**

Wednesday 30th September **LOST IN SPACE IN-CENTRE**

Thursday 1st October **WE ARE TITANS! IN-CENTRE**

Friday 2nd October **REVERSE GARBAGE IN-CENTRE**



Come and join the spring fun! Children will be engaged in some gardening and planting, making their own DIY kites, and we will have our own Spring Carnival with races and challenges. For afternoon tea, the children will be making their own healthy canapes!

Bring: Morning tea, lunch, hat,

refillable water bottle.

Cost: \$55

Today we will hold our very own mini circus workshop. Children will learn some circus tricks, how to juggle, some hula hoop tricks, plate spinning, face painting, clown creations and more!

Bring: Morning tea, lunch, hat,

refillable water bottle.

Cost: \$55

Come along on a journey through space and all the surrounding galaxies! Children will make moon rocks, rocket ships, UFO crafts and engage in a moon rock hunt!

Bring: Morning tea, lunch, hat, refillable water bottle.

Cost: \$55

Today we will journey back to Ancient Greece and learn about Greek Gods, make some yummy Greek dishes to enjoy, and children will become gladiators as they are challenged to various physical activities. Feel free to come dress up int the theme of the day!

Bring: Morning tea, lunch, hat, refillable water bottle.

Cost: \$55









One persons trash is another persons treasure! Children will create various objects using recycles materials such as musical instruments, body Armor, robots, and children will engage in a minute-to-winit challenge using recycled materials!

Bring: Morning tea, lunch, hat, refillable water bottle.

Cost: \$55

Children must wear sun-safe clothing with sleeves & collar, enclosed sports shoes & socks & a sun-safe hat (legionnaire or bucket hat with wide brim) for all outdoor play and excursions. COSHC will supply breakfast and afternoon tea each day. COSHC is an allergy aware space—please do not bring Nuts or Eggs. Children will not be able to purchase food while off site.

Smith Street, Wentworthville Open: 7:00am-6.30pm | 0409 361 929 | coshcolmcwentworthville Open: 7:00am-6.30pm | 0409 361 929 | coshcolwcwentworthville Open: 7:00am-6.30pm | 0409 929 | coshcolwcwentworthville Open: 7:00am-6.30pm | 0409 929 | coshcolwcwentworthville Open: 7:00am-6.30pm | 0409 929 | coshcolwcwentworthville Open: 7:00am-6.3



Spring Vacation Care 2020 Program

WEEK 2 — OLMC Wentworthville

Monday 5th October PUBLIC HOLIDAY SERVICE CLOSED

Tuesday 6th October IT'S A SMALL WORLD **IN-CENTRE**

Wednesday 7th October **BACK TO BASICS IN-CENTRE**

Thursday 8th October **LETS GET PHYSICAL! IN-CENTRE**

Today is all about being

physically active! Children

will engage in various

physical activities with

something for everyone,

such as Just Dance, yoga,

boot camp, obstacle cours-

es, aerobics, outdoor

Friday 9th October **MONSTER MASH IN-CENTRE**



Today we will be creating everything miniature sized, from books, notepads, board games, furniture, dolls, houses and mini cupcakes to enjoy! Children will also watch "Honey, I shrunk the kids" as a wind-down movie!

Bring: Morning tea, lunch, hat,

refillable water bottle.

Cost: \$55

Children will journey back into time. Today, we will make our own butter, soap, bread and paper. Children will learn historical outdoor games such as hopscotch, hula hooping, knuckles and much more!

sports and some healthy cooking. Bring: Morning tea, lunch, hat, Bring: Morning tea, lunch, hat, refillable water bottle.

Cost: \$55

Today we will make some Monster's Inc. craft, do the monster mash dance, make recycles monster masks and participate in a monster scavenger hunt. We will also wind down with watching Monster's Inc.

Bring: Morning tea, lunch, hat, refillable water bottle.

Cost: \$55

Children must wear sun-safe clothing with sleeves & collar, enclosed sports shoes & socks & a sun-safe hat (legionnaire or bucket hat with wide brim) for all outdoor play and excursions.

refillable water bottle.

Cost: \$55

COSHC will supply breakfast and afternoon tea each day. COSHC is an allergy aware space—please do not bring Nuts or Eggs. Children will not be able to purchase food while off site.

Smith Street, Wentworthville Open: 7:00am-6.30pm | 0409 361 929 | coshcolmcwentworthville@parra.catholic.edu.au

Our Lady of Mount Carmel Primary Uniform Size Chart 2020

Please use the below charts as a guide for the approximate sizing of uniform items.

Boys Short Sleeve Shirt											
Description			1.15	Size		,					
Description	4	6	8	10	12	14	16				
1/2 Chest	39	42	44	48	51	54	57				
Body Length	49	54	59	61	64	68	71				

Boys Shorts										
D				Size						
Description	4	6	8	10	12	14	16			
1/2 Waist	22	24	26	28	30	32	34			
Length	36	38	40	43	45	47	49			

Girls Summer Dress										
Dannintian		Size								
Description	4	6	8	10	12	14	16			
1/2 Chest	38	39	40	43	46	49	52			
Body Length	67.5	71	75	81	86	91	96			

	Fleecy Jumper										
Description		90		Size		25					
Description	4	6	8	10	12	14	16 54				
½ Chest	39	41.5	44	45.5	49	51.5	54				
Body Length	47	50	53.5	57	60	63	65.5				

All measurements are in cms and may differ 1-2cm

For all items please lay them flat and measure on a flat surface.

<u>Chest measurement</u> is taken from underarm to underarm.

<u>Body length</u> is taken from the centre back to the bottom of the hem (under collar).

<u>Waist Measurement</u> is taken from left to right side of waist band.

<u>Length Measurement</u> is taken from top of elastic waist to bottom of the hem.

Our Lady of Mount Carmel Primary Uniform Size Chart 2020

Please use the below charts as a guide for the approximate sizing of uniform items.

Short Sleeve Polo										
Description		Size								
Description	4	6	8	10	12	14	16			
1/2 Chest	34	37	39	42.5	45	47	50			
Body Length	49	52	55	58	61	64	67			

Sport Shorts										
Description				Size						
Description	4	6	8	10	12	14	16			
1/2 Waist	24	26	28	30	32	34	36			
Length	34	36	38	40	42	43	44			

	Sport Jacket											
Description				Size								
Description	4	6	8	10	12	14	16					
1/2 Chest	42	44	46	48	50	52.5	55					
Body Length	53	55	57	59	61	63	65					

All measurements are in cms and may differ 1-2cm

For all items please lay them flat and measure on a flat surface.

Chest measurement is taken from underarm to underarm.

Body length is taken from the centre back to the bottom of the hem (under collar).

Waist Measurement is taken from left to right side of waist band.

Length Measurement is taken from top of elastic waist to bottom of the hem.